



# Gill-Montague Regional School District

# Summer Lunch Program 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FREE LUNCH for everyone ages 18 and under</b> 		<b>Meal Sites</b> Turners Falls High School Cafeteria Sheffield Elementary School Unity Park Field House The Brick House, Turners Falls Erving Elementary School	<b>Times &amp; Days</b> 11:00-12:30 Monday – Friday 6/27-8/17 11:30-12:30 Monday – Thursday 7/2-8/16 12:00-1:00 Monday – Friday 7/2-8/17 1:00-2:00 Monday – Thursday 7/2-8/16 12:00-1:00 Monday – Friday 7/2-8/17	
<b>July 2<sup>nd</sup></b> Hamburger or Cheeseburger Potato Chips Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 3<sup>rd</sup></b> Chicken Patty Sandwich On a Whole Grain Bun Fresh Veggie w/Dip Assorted Fruit Milk	<b>July 4<sup>th</sup></b>  <b>NO LUNCH SERVED</b>	<b>July 5<sup>th</sup></b> ★ Popcorn Chicken w/ Dip Fresh Veggie w/ Dip Fresh Fruit Milk	<b>July 6<sup>th</sup> *Farm Fresh Friday</b> Local Beef & Mushroom Burgers Potato Chip Farm Fresh Fruit or Veggie Milk <i>Parks &amp; Rec Field Trip Lunch:                      Sunflower Butter &amp; Jelly, Chip,                      Fruit/Veggie &amp; Milk</i>
<b>July 9<sup>th</sup></b> Hot Dog on a Whole Grain Roll Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 10<sup>th</sup></b> ★ Sunflower Butter & Jelly Sandwich Cheese stick Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 11<sup>th</sup></b> Turkey & Cheese Sandwich Potato Chips Fresh Fruit Milk	<b>July 12<sup>th</sup></b> ★ Nachos w/ Meat, Cheese & Salsa Corn & Bean Salad Assorted Fruit Milk	<b>July 13<sup>th</sup> *Farm Fresh Friday</b> Pizza Stick w/ Marinara Dip Farm Fresh Fruit or Veggie Milk <i>Parks &amp; Rec Field Trip Lunch:                      Ham &amp; Cheese Sandwich, Chip,                      Fruit/Veggie &amp; Milk</i>
<b>July 16<sup>th</sup></b> Hamburger or Cheeseburger Potato Chips Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 17<sup>th</sup></b> ★ Chicken Patty Sandwich On a Whole Grain Bun Fresh Veggie w/Dip Assorted Fruit Milk	<b>July 18<sup>th</sup></b> Ham & Cheese Sandwich Potato Chips Fresh Fruit Milk	<b>July 19<sup>th</sup></b> ★ Popcorn Chicken w/ Dip Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 20<sup>th</sup> *Farm Fresh Friday</b> Local Beef & Mushroom Burgers Potato Chip Farm Fresh Fruit or Veggie Milk <i>Parks &amp; Rec Field Trip Lunch:                      Sunflower Butter &amp; Jelly, Chip,                      Fruit/Veggie &amp; Milk</i>
<b>July 23<sup>rd</sup></b> Hot Dog on a Whole Grain Roll Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 24<sup>th</sup></b> ★ SunButter & Jelly Sandwich Cheese stick Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 25<sup>th</sup></b> Turkey & Cheese Sandwich Potato Chips Fresh Fruit Milk	<b>July 26<sup>th</sup></b> ★ Nachos w/ Meat, Cheese & Salsa Corn & Bean Salad Assorted Fruit Milk	<b>July 27<sup>th</sup> *Farm Fresh Friday</b> Pizza Stick w/ Marinara Dip Farm Fresh Fruit or Veggie Milk <i>Parks &amp; Rec Field Trip Lunch:                      Ham &amp; Cheese Sandwich, Chip,                      Fruit/Veggie &amp; Milk</i>
<b>July 30<sup>th</sup></b> Hamburger or Cheeseburger Potato Chips Fresh Veggie w/ Dip Assorted Fruit Milk	<b>July 31<sup>st</sup></b> ★ Chicken Patty Sandwich On a Whole Grain Bun Fresh Veggie w/Dip Assorted Fruit Milk	<b>August 1<sup>st</sup></b> Ham & Cheese Sandwich Potato Chips Fresh Fruit Milk	<b>August 2<sup>nd</sup></b> ★ Popcorn Chicken w/ Dip Fresh Veggie w/ Dip Assorted Fruit Milk	<b>August 3<sup>rd</sup> *Farm Fresh Friday</b> Local Beef & Mushroom Burgers Potato Chip Farm Fresh Fruit or Veggie Milk <i>Parks &amp; Rec Field Trip Lunch:                      Sunflower Butter &amp; Jelly, Chip,                      Fruit/Veggie &amp; Milk</i>

This institution is an equal opportunity provider. March, 2018

\*Fresh Veggie and/or additional fruit offered daily with lunch

<b>August 6<sup>th</sup></b> Hot Dog on a Whole Grain Roll Fresh Veggie w/ Dip Assorted Fruit Milk	<b>August 7<sup>th</sup></b> ★ Sunflower Butter & Jelly Sandwich Cheese stick Fresh Veggies w/ Dip Assorted Fruit Milk	<b>August 8<sup>th</sup></b> Turkey & Cheese Sandwich Potato Chips Fresh Fruit Milk	<b>August 9<sup>th</sup></b> ★ Nachos w/ Meat, Cheese & Salsa Corn & Bean Salad Assorted Fruit Milk	<b>August 10<sup>th</sup> *Farm Fresh Friday</b> Pizza Stick w/ Marinara Dip Farm Fresh Fruit or Veggie Milk  <i>Parks &amp; Rec Field Trip Lunch:          Ham &amp; Cheese Sandwich, Chip,          Fruit/Veggie &amp; Milk</i>
<b>August 13<sup>th</sup></b> Hamburger or Cheeseburger Potato Chips Fresh Veggie w/ Dip Assorted Fruit Milk	<b>August 14<sup>th</sup></b> ★ Chicken Patty Sandwich On a Whole Grain Bun Fresh Veggie w/Dip Assorted Fruit Milk	<b>August 15<sup>th</sup></b> Ham & Cheese Sandwich Potato Chips Fresh Fruit Milk	<b>August 16<sup>th</sup></b> ★ Popcorn Chicken w/ Dip Fresh Veggie w/ Dip Assorted Fruit Milk	<b>August 17<sup>th</sup> *Farm Fresh Friday</b> Pizza Slice Farm Fresh Fruit or Veggie Milk  <i>Parks &amp; Rec Field Trip Lunch:          Sunflower Butter &amp; Jelly, Chip,          Fruit/Veggie &amp; Milk</i>

\*Fresh Veggie and/or additional fruit offered daily with lunch

## Summer Breakfast Program 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FREE Breakfast for everyone ages 18 and under</b>		<b>Meal Sites</b> <i>Turners Falls High School Cafeteria</i> <i>Sheffield Elementary School</i> <i>Unity Park Field House</i> <i>Erving Elementary School</i>		
		<b>Times &amp; Days</b> <i>8:30-9 Monday – Thursday 6/27-8/17</i> <i>8:30-9 Monday – Thursday 7/2-8/16</i> <i>8:30-9 Monday – Friday 7/2-8/17</i> <i>8:30-9 Monday – Friday 7/2-8/17</i>		
Cereal & Milk Grahams/Snack Fruit and/or 100% Fruit Juice	Cereal & Milk Grahams/Snack Fruit and/or 100% Fruit Juice	Cereal & Milk Grahams/Snack Fruit and/or 100% Fruit Juice	Cereal & Milk Grahams/Snack Fruit and/or 100% Fruit Juice	Cereal & Milk Grahams/Snack Fruit and/or 100% Fruit Juice

Before placing your order, please inform your server if a person in your party has a food allergy

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★ Indicates days with lucky bag giveaways!